

FREE 3-SESSION PARENTING CLASS!

TOPICS TO INCLUDE:

- Deal with your children's strong emotions
- Set firm limits and still maintain good will
- Express your angry feelings without being hurtful
- Engage your children's cooperation
- Resolve family conflicts peacefully

Participants will each receive a copy of the book along with an accompanying CD. These are the

same authors that brought us "How To Talk So Kids Will Listen & Listen So Kids Will Talk" and "Siblings Without Rivalry!" Books are \$10 each.

Scholarships are available! Inquire about scholarships when you register!

WHAT? Free 3-Session Parenting Class

WHEN? Tuesday, 5/3, 5/10, 5/17, 6:00-8:00 pm

WHERE? Lamoille Family Center

To Register: Please call the LFC @ 888-5229

Childcare Provided

Funding is generously provided by Lamoille Valley Building Bright Futures through the VT Child Development Division, the Green Mountain Fund of the Vermont Community Foundation, and the Oakland Foundation.



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