



JOURNEY TO FATHERHOOD

Being a Dad is tough *and* rewarding work! If you would like to develop new attitudes and skills that will improve your life, and the lives of your children, then come join this class which utilizes the *Nurturing Father's Program*®. Each week, a new topic is addressed with an overall focus on "The Father I Choose to Be." This FREE group runs for 13 weeks, and includes a light supper!

- What?** Free Parenting Class for Men
- When?** Thursdays, 5:00-7:00 pm 2/18/16 – 5/12/16
- Where?** Lamoille Family Center
480 Cady's Falls Road, Morrisville
- To Register:** Please call the Lamoille Family Center
@ 888-5229. Do not delay as SPACE IS LIMITED!

This program is sponsored by the Lamoille Family Center with generous support from Healthy Lamoille Valley & the VT Department of Health Partnership for Success, the Green Mountain Fund of the VT Community Foundation, and the Oakland Foundation



Encouraging, Educating & Celebrating Families