

## Who's In Charge At Your House?

<u>Step 1:</u> Controlling Obnoxious Behavior: Learn techniques to get kids to <u>stop</u> certain behaviors.

<u>Step 2:</u> Encouraging Good Behavior: Learn techniques to get kids to *start* desired behaviors.

<u>Step 3:</u> Strengthening Your Relationship: Learn techniques that reinforce the bond between you and your child.

The Lamoille Family Center is presenting a FREE 3 session parenting class using the book and video developed by Dr. Thomas Phalen. 1-2-3 Magic provides participants with parenting strategies for children without yelling, arguing or spanking.

WHAT? Free Parenting Class

WHEN? 3 Sessions on Tuesday Evenings from 6-8 p.m.

on 11/1, 11/8, & 11/15

WHERE? Lamoille Family Center, 480 Cady's Falls Road Morrisville

To Register: Please call the Lamoille Family Center @ 888-5229

Childcare is Available!

Funding is generously provided by Lamoille Valley Building Bright Futures through the VT Child Development Division, the Green Mountain Fund of the Vermont Community Foundation, and the Oakland Foundation.



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