



# Lamoille Family Center

*Encouraging, Educating and Celebrating Families*

## The Training Times

**Professional Development Opportunities for Early Childhood Educators**

**September 2016- January 2017**

Call The Lamoille Family Center @ 888-5229 to sign up unless otherwise indicated.

I hope the trainings in this calendar will be interesting and helpful to you. It is important for you to know that the courses you take through the Lamoille Family Center and the Starting Points Networks are part of a much larger statewide system of professional development.

Vermont's Professional Development System includes achievements that you can be recognized for and bonuses linked to the system. Here is the website [www.northernlightscdc.org](http://www.northernlightscdc.org) to find out more. Please feel free to call or email me at 888-5229 extension 145 or [dcaserta@lamoillefamilycenter.org](mailto:dcaserta@lamoillefamilycenter.org) if you would like to learn more about Vermont's professional development system or about finding a mentor to help you customize your own professional development plan.

It makes sense to make the most of the training you are taking and, knowing about the system and understanding how it can work for you, is a great idea☺

### ***FUNDAMENTALS FOR EARLY CARE AND EDUCATION***

*The Fundamentals for Early Care and Education classes provide you with a foundation in child development and developmentally appropriate practices. It is for all working with groups of children ages birth to eight years old. The course introduces entry-level professionals to the core knowledge areas.*

*Knowing what children are typically capable of at various stages of development will help you provide environments and experiences which are age appropriate, decrease frustration levels of children and challenge children to become the best they can become. This course is recommended for those who are new and not so new to the child care profession. It is for those working in child care centers and family child care homes. It fulfills the state licensing requirements for all new center staff without comparable education. Embedded in the Fundamentals course is Basic Specialized Care, the necessary first step in becoming a Specialized Services Provider. The Fundamentals course is a great first step in pursuing a Child Development Associate (CDA) credential as well as a good bridge to prepare for college level*

*work. All providers who successfully complete the course and have worked in the field for one year can apply for a Level I certificate and receive a \$100 bonus. Working on your CDA? This course provides you with 45 hours of training in the necessary areas.*

**Tuesdays 9/6/16-12/13/16-6-9pm Community College of Vermont, 197 Harrell St., Morrisville. Call LFC @ 888-5229 to register. The entire course is \$45.00 per participant. This fee covers the cost of a text book which accompanies the class, a resource binder and the cost of photocopying the handouts. Level I September 6th – December 13<sup>th</sup>, Tuesday 6-9 pm @ Community College of Vermont-Morrisville, 197 Harrell St. Instructor – Dori Oatley**

### ***ART AS DISCOVERY FOR THE YOUNG CHILD***

*In this workshop, participants will learn how to encourage creativity, build confidence, expand vocabulary and provide opportunities for collaborative play. This is a hands-on, interactive workshop where child care providers will experience using recycled materials to facilitate positive development through art and artistic expression.*

**Free, Monday 9/12- 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Anne Moore. Teaching and Learning: Level II competencies- Learning Environment and Curriculum and Content.**

### ***CPR AND 1<sup>ST</sup> AID***

*This training is being offered for all providers needing to take CPR and 1<sup>st</sup> Aid. Taught by a Copley employee, providers can become certified in these important skills. Please note that this is the full training. Providers need to be re-certified only should contact Copley Hospital directly for dates and times of the re-certs being offered there.*

**Cost for CPR and 1<sup>st</sup> Aid is \$40.00 per provider and payment will be collected at the start of the class. Checks can be made out to Joyce Lanpher. Saturday, 9/24- 9am-1pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Joyce Lanpher**

### ***BUILDING BETTER PARENT-CAREGIVER RELATIONSHIPS***

*In this interactive workshop, providers will examine and develop their own personal style for working effectively with families. Providers will explore topics such as, building trust, active listening, understanding cultural differences and communication as elements of positive parent-caregiver relationships. Providers will gain a deeper understanding of their responsibility of including parents in their programs and value the benefits of partnership with the family system.*

**Free, Monday 9/26- 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor Sandra Capone. Families and Communities: Level III competencies- Relationships and Communication. Advanced Specialized Care**

### ***THE BLUE BRAIN-BEING MALE, YOUNG AND ENERGETIC***

*Let's debunk bad science. The male vs. female brain "research" is filled with myths. Most of the differences in development are the result of nurture not nature. This presentation will examine the few innate differences in male and female brains then go on to look at how parents, peers and society influence the wiring of our most complex system. The program concludes by asking if "Rough and Tumble Play" belongs in childhood and offers time for action steps in addressing the blue brain.*

**Free, Monday 10/3-6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Scott Noyes. Child Development: Level III competencies- How Children Develop, Influences on Child Development and Individual Variance. Advanced Specialized Care.**

### ***NEVER TOO EARLY Part I and II***

*This two-part training offers an introduction to reading and sharing books and conversation with children. Take a journey into the world of children's literature. In this lively, interactive workshop, learn the importance and joy of sharing picture books and stories with even the youngest children. Through hands-on exploration of children's books, receive an introduction to early literacy and related developmental issues. Learn ways to create a literacy-rich environment, and have an opportunity to share practical ideas with others. Discover ways to make books come alive through animated readings, rhymes, and extension activities that encourage language development and communication. Take home ideas you can put to use immediately in your program, along with a free set of books.*

**Free, Monday 10/10 & 10/24, 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Morgan Irons from the VT Humanities Council. Level II Teaching and Learning: Curriculum and Content**

### ***FEEDING THE DEVELOPING BRAIN***

*The more we know about the food and brain connection, the better choices we can make about the diet. Starting several million years ago, we had enough additional caloric energy through changes in lifestyle and diet to actually build a completely new section of brain. This new brain, the prefrontal cortex, plays key roles in memory, attention, perceptual awareness, thought, language, and consciousness. How this structure is best fueled? What are the ramifications of the brain not receiving its daily requirements of nutrients? This presentation looks at the food sources required to optimize the brain.*

**Free, Monday 11/7- 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Scott Noyes. Child Development: Level III competencies- How Children Develop, Influences on Child Development and Individual Variance. Advanced Specialized Care.**

### ***CREATE YOUR IPDP IN 4 EASY STEPS!***

*A clear, concise Individual Professional Development Plan (IPDP) is necessary for staff of regulated child care programs, applicants for career level certificated, credentials, STARS, and recognition bonuses. This workshop is a hands-on, IPDP-developing work session for those who need a current IPDP, want to update theirs or want to help others create one. Participants will be guided through the 4 steps of IPDP development, including self-assessment, developing goals, identifying strategies and resources, and creating realistic timelines. Program directors and supervisors will also find this workshop useful for career advising. All of the necessary tools will be provided, and you will leave with your IPDP well under way!*

**Free, Monday, 11/14- 6-8 pm @the Lamoille Family Center. Call 888-5229 to register. Instructor: Nancy Sugarman, Director-Northern Lights Career Development Center. Professionalism and Program Organization: Level I competencies- Professionalism.**

### ***DEALING WITH DIFFICULT BEHAVIORS***

*This workshop focuses on the topic of difficult behaviors displayed by children and ways that adults can better understand and make sense of the messages children are giving through their difficult behavior. Participants will be asked to examine their own bias related to difficult behaviors and develop practical skills to support effective observation of children to gain greater insight and develop individualized responses. Participants will examine concepts such as temperament, environment, and cultural values to determine influences on behaviors and discuss ways to prevent difficult behaviors and promote cooperative play.*

**Free, Monday, 11/28- 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Sandra Capone. Child Development: Level II competencies- How Children Develop, Influences on Child Development and Individual Variance. Advanced Specialized Care.**

### ***NIGHT WITH A NURSE***

*This workshop is an opportunity for providers to have an informal conversation with the Lamoille Valley Child Care Wellness Coach, Vicki Rich. Vicki will engage providers in a discussion that focuses on healthy child care practices, prevention methods and the benefits of working with a Wellness Coach. Be prepared to bring your questions to ask and learn about best practice.*

**Free, Monday 12/5- 6-8pm @ the Lamoille Family Center. Call 888-5229 to register. Instructor: Vicki Rich. Healthy and Safe Environments: Level I competency- Healthy Environments and Health Needs.**

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### **Dear Providers:**

**I would strongly recommend that every provider completes this online training. If online access is an issue for you, please call us at the Family Center and we'll set up a way for you to come in and take the training here. Going forward this will be a mandatory training that all new providers will complete, but with recent changes to the mandated reporting law, it is beneficial for all providers to have the documentation of completion.**



## **New, web-based training for mandated reporters is now available!**

This new training will help you understand the dynamics of child abuse and neglect and your responsibility as a mandated reporter.

You will be asked to register before you can take the training. The information you provide will be used to certify that you've completed it.

It should take about two hours to finish. Once you've successfully completed the final exam, we will email you a certificate of completion.

<https://goto.webcasts.com/starthere.jsp?ei=1087433> to go to the website and get started!

**Thank you for the work you do for Vermont children and families!**