# How you can help...

Community support is critical to the sustainability of the Lamoille Family Center.

We could not do this work without you!

You can help by:

- Making a financial contribution
- Making a contribution of goods or services
- Hosting a fundraising event
- Volunteering in one of our programs
- Connecting the Family Center to other individuals, businesses, or foundations who might be interested in supporting our work

For more information, please call (802) 888-5229 or go to www.lamoillefamilycenter.org.

"Home was a hard place to be at, but I knew I could always turn to one place for any kind of help I needed – the Family Center."

"I am a single mom of four and have raised them by myself. If not for LFC helping, a bump in the road would have turned into a mountain for us."



"The whole place is family-oriented and they don't just mean that as a slogan or anything. When you come in, it's actually a family. They are a second family to us all."

"My first goal is to get my diploma so I can set a good example for my children. I am doing so working with Families Learning Together. They are great! I not only get to work on my diploma, I also get pointers on parenting, cooking and so much more. It is really helping me realize some things I am falling behind with in life. I finally feel like I have a future...I just need to figure out where the future is going to take me after I graduate. I do know that I don't want to go back to what I have done for the past eight years."



480 Cady's Falls Road Morrisville, Vermont 05661

Phone–(802) 888-5229 Fax–(802) 888-5392 info@lamoillefamilycenter.org



Lamoille Family



Encouvaging, Educating & Celebrating Families Since 1976

04/19/17

For forty years the Lamoille Family Center has encouraged, educated and celebrated families. Raising children is an important and challenging job for all parents and the outcomes of that endeavor have a profound impact on our communities and society. The Family Center is firmly committed to developing a system of care for children and families that weaves together the best practices of professionals, the wisdom and experience of families, and the strengths and hopes of the community.

As one of fifteen Parent Child Centers across the state, the Family Center reaches more than 4,000 children, youth, parents and caregivers annually throughout the Lamoille Valley.

For more information about any of our services, call (802) 888-5229 or go to www.lamoillefamilycenter.org



#### Lamoille Family Center Services

#### **Children's Integrated Services**

Early Childhood & Family Mental Health - Assists children, families, child care and other service providers to promote and support children's healthy social, emotional, and behavioral development.

Early Intervention - Provides services to families with children up to age three who have a medical diagnosis, a delay, or the high probability of a delay in their development or growth. Children receive services such as speech, physical and occupational therapy, while parents receive training, counseling and service coordination.

Nursing and Family Support - Provides home visits to prenatal and postpartum parents and their young children to help ensure a healthy start in the early years of a child's life.

**Specialized Child Care** - Provides child care coordination services for families & providers who are experiencing significant stress, have a child with special health needs, or have exceptional circumstances.

**DULCE** - A Family Specialist is placed at Appleseed Pediatrics to proactively address social determinants of health to promote healthy development of infants from birth to six months of age and provide support to their parents.

## Child Care Support Services

**Child Care Mentoring -** A Mentor engages child care providers in an effort to improve program quality by supporting their professional development. Providers become registered, increase their STARS ranking, join a starting points network, apply for a Northern Lights credential or pursue higher education options.

**Child and Adult Care Food Program -** This federally sponsored program provides cash reimbursement to providers for nutritious meals served to children in their registered child care settings.

**Child Care Center -** Provides high quality care for up to eight children under the age of three on site at the Family Center. The program promotes the physical, social, emotional and cognitive development of young children while responding to the needs of the families.

**Child Care Financial Assistance (formerly Subsidy)** - Specialists assist income eligible families who have a service need (employment, training, etc.) through the subsidized child care process.

**Child Care Referral** - The Referral Specialist offers information on quality child care and maintains a database of all registered and licensed child care programs in the Lamoille Valley.

## Youth and Young Adult Services

Lamoille Interagency Network for Kids (LINK) - Provides strength-based services for youth who are at risk of running away and youth and young adults facing homelessness. LINK offers crisis intervention, family conflict resolution, case management and temporary shelter.

Learning Together/Families Learning Together - Offers job-readiness and high school completion programs for pregnant and parenting teens and young adults. The program includes individualized learning opportunities, on-the job training, on-site counseling and parent education.

**Reach Up** - Our Case Manager and Job Coach help young parents receiving financial assistance from the Reach Up program to overcome barriers to self-sufficiency by completing a high school education, identifying strengths, setting goals, gaining and maintaining employment, and balancing work and family life.

#### Family Support Services

**Emergency Needs Family Outreach -** Provides families in need with limited funding and goods such as diapers, clothing and children's items.

Holiday Project - On a Saturday in December, parents (or guardians) who have registered with the Family Center, choose new toys for their children as well as donated books, hats and mittens.

**Parent Education -** Offers parenting support services including playgroups, training sessions, written resources, and referrals for parents and caregivers with children of all ages.

