

**PRESS RELEASE  
FOR IMMEDIATE RELEASE**

From: Lamoille Family Center  
Date: 16 August 2018  
Contact: Carol Maloney, 888-5229, [cmaloney@lamoillefamilycenter.org](mailto:cmaloney@lamoillefamilycenter.org)

**Family Center Offers Free 3-Session Parenting Class**

The Lamoille Family Center will offer a free parenting class using the book and video developed by Dr. Thomas Phalen on 1-2-3 Magic; Effective Discipline for children ages two to twelve. 1-2-3 Magic provides participants with parenting strategies for children without yelling, arguing, or spanking. Parents will learn techniques to help children stop certain behaviors, start desired behaviors, and reinforce the bonds between parent and child.

This three-session parenting series will be held on Wednesday evenings 9/12, 9/19, and 9/26 from 6:00 p.m. to 8:00 p.m. at the Lamoille Family Center on Cady's Falls Road in Morrisville. The class is free, and childcare is available – please inquire when you register.

To register or for more information, please call the Lamoille Family Center at 888-5229.

This program is sponsored by the Lamoille Family Center with funding by the Vt. Child Development Division and the Green Mountain Fund of the Vt. Community Foundation.

The Lamoille Family Center, established in 1976, affirms the right of all children to grow up in an environment that enables them to become healthy adults by encouraging, educating, and celebrating families. As one of fifteen Parent Child Centers across the state, the Family Center offers early care and education services, home visiting, parent education, playgroups, childcare resource and referral, youth services, and emergency assistance.

**Coming Events**

Wednesdays, 9/12, 9/19, & 11/27

6:00-8:00pm

Parent Workshop: 1-2-3 Magic

Lamoille Family Center

To Register: call 888-5229

