PRESS RELEASE FOR IMMEDIATE RELEASE

From: Lamoille Family Center, 480 Cady's Falls Road, Morrisville, VT 05661

Date: 15 August 2018

Contact: Carol Maloney, 888-5229, cmaloney@lamoillefamilycenter.org

Free Parenting Class for Fathers

The Lamoille Family Center is pleased to announce the formation of a Parenting Class designed uniquely for fathers entitled "Journey to Fatherhood." Being a dad and raising children in today's world is tough *and* rewarding work! Fathers LOVE their children and want what's best for them. The "Journey to Fatherhood" program is a chance for dads to come together in a confidential place to connect with other men, share parenting challenges, struggles, rewards and successes, and work on goals that will improve their lives and the lives of their children.

This course is co-led by Chris Hindes and Bobby Blanchard-Lewis, and uses the "Nurturing Father's Program" curriculum. Each week, a new topic is addressed with an overall focus on "The Father I Choose To Be." This FREE program runs for 13 weeks and includes a light supper!

This parenting class will be held on Thursday evenings from 5:00-7:00 pm. The program begins on September 13th and will be held at the Lamoille Family Center in Morrisville. To register, please call the Lamoille Family Center at 888-5229 to secure a space in the class.

This program receives generous support from Healthy Lamoille Valley and the Vt. Department of Health Regional Prevention Partnership, the Vermont Child Development Division, and the Green Mountain Fund of the Vermont Community Foundation.

The Lamoille Family Center, established in 1976, affirms the right of all children to grow up in an environment that enables them to become healthy adults by encouraging, educating, and celebrating families. As one of fifteen Parent Child Centers across the state, the Family Center offers early care and education services, home visiting, parent education, playgroups, childcare resource and referral, youth services, and emergency assistance.

— Submitted by the Lamoille Family Center

Coming Events:

Thursdays, 9/13/18 – 12/13/18, 5:00-7:00 p.m.

Free Parenting Class for Fathers: Journey to Fatherhood To Register: Call the Lamoille Family Center - 888-5229